## The roles of pacing interval and pacing strength in ventricular fibrillation induced by rapid pacing with 1 : 1 capture

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### Abstract

**Introduction:** The roles of pacing interval (PI) and pacing strength (PS) in ventricular fibrillation (VF) induced by rapid pacing with 1 : 1 capture remain unclear.

**Material and methods:** Epicardial unipolar electrograms (UEs) were simultaneously recorded using contact mapping in 11 swine. Activation-recovery interval (ARI) restitution was constructed at 4 sites, i.e. the apex and base of the left and right ventricles, respectively. A steady state pacing (SSP) protocol was performed to induce VF. The longest PI and the lowest PS for inducing VF were recorded. Statistical correlation analysis was performed to determine the relationship between local ARI restitution properties and PI and PS for VF induction.

**Results:** Forty restitution curves were constructed from 11 SSP procedures. The maximal slope ( $S_{max}$ ) of the ARI restitution curve of the right ventricular apex was positively correlated with the PI for VF induction (r = 0.761, p < 0.05). Spatial dispersions of ARI and  $S_{max}$  were negatively correlated with the PS for VF induction (r = -0.626 and r = -0.722, respectively, both p < 0.05). **Conclusions:** Ventricular fibrillation can be induced by rapid ventricular pacing with 1 : 1 capture. The PI for VF induction was related to the  $S_{max}$  of the ARI restitution curve of the right ventricular apex, while PS for VF induction was associated with the spatial dispersions of ARI and its restitution property.

**Key words:** rapid ventricular pacing, electrical restitution, ventricular fibrillation induction, activation-recovery interval.

## Introduction

Great interests have been focused on the mechanism of ventricular fibrillation (VF) induction and maintenance in recent years [1–5]. In animal experiments, VF is mainly induced by shock or by rapid pacing [2, 4]. The former was performed by certain strengths of current or by T wave scan to induce VF with single pulse [2, 4], and the VF threshold (VFT) was defined as the minimum strength which could steadily induce VF. The latter was carried out at twice the diastolic threshold with the pacing rate being increased until VF or other ventricular arrhythmias occured [6, 7]. The VFT was defined as the shortest pacing interval which could steadily induce VF.

Ventricular fibrillation induced by rapid pacing has been found to be similar to clinical VF development, but the inducibility is low. Sometimes

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Yawei Xu MD Department of Cardiology the Tenth People's Hospital of Tongji University 301 Middle Yanchang Road Shanghai 200072, China Phone: 86-21-66306945 Fax: 86-21-66306945 E-mail: zdd808@gmail.com 1 : 1 capture is lost during rapid pacing and 2 : 1 capture works. The real heart rate at this moment could not exceed half of the pacing rate; thus, VF could not be induced [6, 7]. We have found that when 2 : 1 capture occurred during rapid pacing, 1 : 1 capture can also be recovered by carefully increasing the pacing strength [8]. Then the rapid pacing can be carried on and VF can be induced in most animals [8].

In the new method for VF induction [6–8], both the pacing interval (PI) and the pacing strength (PS) were the necessary factors for VF induction. But their roles may not be the same. In the present study, the roles of PI and PS in the induction of VF were investigated by constructing restitution curves from different epicardial sites using local unipolar electrocardiograms (UEs).

## Material and methods

## Animal preparation

The protocol conforms to the Guideline for the Care and Use of Laboratory Animals published by the US National Institutes of Health (NIH Publication No. 85-23, revised 1996). Eleven healthy, male pigs ( $15 \pm 1.5 \text{ kg}$ ) were anesthetized with intraperitoneal injection of 0.3% pentobarbital (30 mg/kg), and maintained by isoflurane in 100% oxygen. Body temperature and arterial blood pressure were monitored and stabilized within normal ranges before VF was induced. Surface ECG lead II was continuously recorded during the whole procedure.

The heart was exposed by a median sternotomy, and soaked in warm (37°C) physiological saline intermittently to prevent surface cooling. Two 10-electrode catheters (2-8-2 mm, 6 Fr, Biosense Webster) were sutured to the left and right ventricular (LV and RV) epicardium, respectively (Figure 1 A), to record local UEs. The distal pair of catheters was fixed to the apex, and the proximal pair was attached to the outflow tract (Figure 1 A). A stainless steel needle was inserted into the chest wall subcutaneously as the reference for the mapping electrodes. In each catheter, the 1<sup>st</sup> and 10<sup>th</sup> electrode served as the exploring electrodes. Unipolar electrocardiograms were recorded using a digital physiologic recording system (LEAD 2000 B, Jinjiang Inc. China) with a sampling rate of 800 Hz, and were displayed at 100 mm/s screen speed and 10 mm/mV amplitude. A 0.05-500 Hz band pass filter was applied to obtain high quality unipolar signals.

## Stimulation protocol

The ventricle was paced at a PS of twice the diastolic threshold via a Teflon-coated bipolar silver needle electrode (2-ms pulse duration) at the

epicardium of the right ventricular outflow tract. A dynamic steady state pacing (SSP) protocol was applied to induce VF as previously described [9]. The initial PI was determined by the basic cycle length and maintained for 30 s to achieve a steady state [9]. After each pulse train was delivered, PI was progressively shortened in 20 ms steps for cycle length > 400 ms, in 10 ms steps for a cycle length between 200 ms and 400 ms and in 5 ms steps for a cycle length < 200 ms until 1 : 1 capture was lost. The last PI with 1:1 capture at the initial pacing strength was defined as shortest PI. When the shortest PI was reached without inducing ventricular arrhythmias, PS was progressively elevated (by steps of 1 v) to regain the 1 : 1 capture. The dynamic decrease of PI was performed until ventricular arrhythmia was induced. The longest PI and the minimum PS that could steadily induce VF served as a quantitative measurement of VF inducibility.

If VF or VT with hemodynamic deterioration was induced, a 10 to 30-J biphasic DC shock was given (Cardiolife, NIHON KOHDEN) within 1 minute using the defibrillation patches (two pediatric spoon-shaped patches were positioned on the anterolateral wall of the RV and the posterolateral wall of the LV, respectively). If VF was not terminated by a 30-J shock, the pacing protocol was discontinued. However, if VF was terminated by a shock, a 60-minute blank period was given and another SSP protocol was performed as described above.

## Signal processing

Local UEs and ECG were replayed at 200 mm/s screen speed and 20 mm/mV amplitude on the computer screen. The waves of the last 5 s of each pulse train were simultaneously recorded for the restitution analysis. Figure 1 B shows a sample of 4 local UEs which were recorded simultaneously. Only waves mapped in 4 sites were measured for constructing the restitution curves, i.e., LV apex (LVA), LV base (LVB), RV apex (RVA) and RV base (RVB). Wave signals between the initial PI and the shortest PI were analyzed. Signals without a smooth and stable diastolic baseline or signals with flat T waves or ST-segment elevation without a clear T-wave upstroke were excluded from this analysis. In each pulse train, at least 5 stable waves were employed and averaged to minimize measurement error. However, when the T wave end was significantly interrupted by the pacing pulse at a rapid pacing rate, only the last paced beat was measured.

Activation-recovery intervals (ARIs) for local UEs represent the time course of repolarization of the intracellular action potential [10, 11]. Using the method described by Lux [12], local activation



**Figure 1.** Contact mapping and activation-recovery interval restitution curves in one swine and the distribution of  $S_{max}$  at different sites. **A** – Contact mapping was performed in the left ventricular and right ventricular epicardium using two multiple-electrode catheters. Surface electrocardiographic lead II and unipolar electrograms at the apex and base of left and right ventricles were simultaneously recorded. **B** – Activation-recovery interval restitution curves of the 4 epicardial sites. **C** – Frequency counts of  $S_{max}$  for restitution curves; the distributions of  $S_{max}$  for the restitution curves in 4 different sites were similar. **D** – Mean values of  $S_{max}$  for the restitution curves at each site *LVA* – *Left ventricular apex*, *LVB* – *left ventricular base*, *RVA* – *right ventricular apex*, *RVB* – *right ventricular base*, *ARI* – *activation-recovery interval*.

time was defined as the maximum negative slope in the QRS complex (dV/dt min). The repolarization time was defined as the maximum positive slope in the T wave (dV/dt max) [6, 12]. Activation-recovery interval was defined as the interval between activation time and repolarization time (Figure 1 A). Diastolic interval (DI) was defined as the period between the end of repolarization time of the preceding beat and the activation time of the following beat [6, 12]. Activation-recovery interval and DI were measured manually for at least 5 beats at each site during each pacing cycle length, at a recording speed of 200 mm/s, and the mean value of the 5 results served as the true ARI or DI. The spatial dispersion of ARI was defined as the ratio of the spatial standard deviation and the spatial mean, i.e., the coefficient of variation (COV), in percentage [7]. The spatial heterogeneity of ARI was calculated within each animal, and the heterogeneity values of different animals were averaged for comparison.

Restitution curves were constructed by plotting ARI versus DI for local UE recording. An exponential curve (equation 1) using the Levenberg-Marquardt method was used for this analysis [7] (Origin, Microcal Software, Inc):

$$y = \alpha - \beta e^{-x/\tau}$$
(1).

With each  $\beta$  and  $\tau$ , and the DI, the slope was constructed using equation 2:

slope = 
$$\beta/\tau^* e^{-x/\tau}$$
 (2).

The maximal slope  $(S_{max})$  of the restitution curve was defined as the slope of the shortest DI of the restitution curve. Figure 1 C shows a sample of 4 ARI restitution curves which were constructed simultaneously.

 $R^2$  is a quantitative value for the degree of fitness of the model. A value close to 1 indicates the best fit. Fitted restitution curves with an  $R^2$  value less than 0.8 were discarded from the analysis.

### Statistical analysis

All continuous values were expressed as mean  $\pm$  standard deviation. Student *t*-test was applied to compare local ARIs and their restitution curve slopes. The nonparametric Wilcoxon signed ranks test was used to compare ranked data. Pearson correlation analysis was applied to detect the correlation relationship of restitution curves S<sub>max</sub> between two individual mapping sites, and between each recording and PS or PI for VF induction. Value of *p* < 0.05 was considered as statistically significant.

### Results

The body temperature was maintained at 36.5  $\pm$ 1.5°C. There was no significant change (p > 0.05) in arterial blood pressure or heart rate during the whole study protocol. The study protocol was completed in all the animals with 11 episodes of VF (Figure 2) being induced. The PIs and PSs for inducing VF were 130–190 ms and 4–10 V, respectively.

# Activation-recovery interval and ventricular fibrillation inducibility

Activation-recovery intervals in RV sites were longer than those in LV sites (Figure 3 A, p < 0.05at all PIs). COV<sub>ARI</sub> was used to quantify the spatial ARI dispersion. No statistical difference was observed between COV<sub>ARI-LV</sub> and COV<sub>ARI-RV</sub> (Figure 3 B, p > 0.05 at PIs of 350 ms, 300 ms and 200 ms). However, the COV<sub>ARI</sub> for all the mapping sites was significantly higher than that of LV or RV sites (Figure 3 B, p < 0.05 at all PIs). When PI decreased, the mean ARI was shortened but the whole COV<sub>ARI</sub> was increased (Figures 3 A, B). When compared with the PIs of 300 ms, 350 ms and 400 ms, the whole COV<sub>ARI</sub> for the PI of 200 ms was significantly larger (p values were 0.016, 0.006 and 0.004 respectively). But COV<sub>ARI-LV</sub> and COV<sub>ARI-RV</sub> did not change significantly when the PI altered (Figure 3 B).

Table I shows the associations between  $COV_{ARI}$ and VF induction characteristics. None of  $COV_{ARI-LV}$  $COV_{ARI-RV}$  and COV of all sites had a statistical relationship with the PI for VF induction. But  $COV_{ARI-LV}$ and COV of all sites were negatively associated with the PS for VF induction (R = -0.697, p = 0.017for  $COV_{ARI-LV}$  and R = -0.626, p = 0.039 for COV of all sites, respectively), i.e. the bigger the  $COV_{ARI-LV}$ or COV of all sites was, the smaller was the PS need to induce VF. However, no statistical relationship existed between  $COV_{ARI-RV}$  and PS.

## Local activation-recovery interval restitution properties and ventricular fibrillation inducibility

From 11 SSP procedures, 40 restitution curves for 4 mapping sites were constructed (20 in LV sites, and 20 in RV sites). The mean  $R^2$  value was 0.86 ±0.05. A few restitution curves were discarded due to the low  $R^2$  (less than 0.8, n = 4). The restitution curves in each ventricle were variable in their shapes and slopes, and could not be systematically fitted with a simple exponential curve.



Figure 2. Typical example of ventricular fibrillation induction by steady state pacing in one swine. Surface electrocardiographic lead II and unipolar electrograms at the apex and base of left and right ventricles were simultaneously recorded. The pacing cycle length at which ventricular fibrillation was induced was 165 ms. The pacing strength was 8 V

LVA – Left ventricular apex, LVB – left ventricular base, RVA – right ventricular apex, RVB – right ventricular base.



**Figure 3.** Activation-recovery interval (ARI, **A**) and its spatial dispersion ( $COV_{ARI}$ , **B**) during different pacing intervals (PI) LVA – left ventricular apex, LVB – left ventricular base, RVA – right ventricular apex, RVB – right ventricular base, COV – coefficient of variation. \*P < 0.05 when compared with the values of LV at each corresponding PI; #p < 0.05 when compared with the values of LV or RV at each corresponding PI. See text for detail.

The S<sub>max</sub> was not less than 1 in 62.5% of sites (25/40), and the distributions of S<sub>max</sub> in different value ranges were similar (Figure 1 C). When the mean values of different sites were compared, a regional special difference was rarely noted (Figure 1 D). The mean S<sub>max</sub> of LV and RV sites was similar (1.21 ±0.51 vs. 1.20 ±0.4, p > 0.05). The spatial dispersion of slope (COV<sub>smax</sub>) was 0.23 ±0.17 in LV, 0.16 ±0.12 in RV, and 0.20 ±0.15 in all of the mapping sites (p > 0.05).

of the local ARI restitution curve slopes had a statistical relationship with the PS for VF induction.  $COV_{Smax}$ , both in LV sites and all sites, had a negative relationship with PS for VF induction (Table I). However, there was no statistical relationship between  $COV_{Smax-RV}$  and PS (Table I). There was also no statistical relationship between  $COV_{Smax}$  and PI for VF induction (Table I).

### Discussion

Table II shows the associations between restitution curve slopes and PI or PS for VF induction. Among the regional ARI restitution curves, only the S<sub>max</sub> of RVA restitution curves was related to the PI for VF induction (r = 0.761, p = 0.028). None

The major findings in the present study were that: 1) ventricular fibrillation could be steadily induced in swine by rapid ventricular pacing with 1: 1 capture; 2) the  $S_{max}$  of ARI restitution curves

**Table I.** Associations between  $\text{COV}_{ARI'}$ ,  $\text{COV}_{Smax}$  and VF induction characteristics

		$COV_{ARI} (n = 11)$			$COV_{smax}(n = 11)$		
		LV sites	RV sites	All sites	LV sites	RV sites	All sites
PI	Correlation coefficient	0.014	0.110	-0.106	-0.069	0.101	0.253
	Value of <i>p</i>	0.968	0.747	0.757	0.840	0.767	0.453
PS	Correlation coefficient	-0.697	-0.105	-0.626	-0.847	-0.185	-0.722
	Value of <i>p</i>	0.017	0.758	0.039	0.001	0.585	0.012

**Table II.** Associations between local  $S_{max}$  and VF induction characteristics

		S <sub>max</sub>					
	-	LVA	LVB	RVA	RVB		
Ы	Correlation coefficient	0.037	0.325	0.761	0.154		
	Value of <i>p</i>	0.919	0.432	0.028	0.671		
PS	Correlation coefficient	0.090	0.440	0.276	-0.108		
	Value of <i>p</i>	0.792	0.235	0.472	0.752		

in RVA was positively related to PI for VF induction; and 3) the spatial dispersions of ARI and  $S_{max}$  were negatively associated with the PS for VF induction. These results indicated that PI and PS may play different roles in VF development induced by 1 : 1 capture.

## Ventricular fibrillation induction methods

In the present study, we successfully attained VF induction by rapid pacing with 1 : 1 capture in structurally normal swine. Actually, VF can be induced by different approaches such as stimuli on the T-wave [2, 4], rapid burst pacing [6, 7] and direct current pulses. Different modes of VF induction, particularly "shock-induced" compared to "pacing-induced" VF, may result in VF of different characteristics and cycle lengths and may have different defibrillation thresholds. Although idiopathic VF may happen in patients without structural heart disease, VF always occurs in disease-affected heart; thus it is important to realize that many pathological conditions such as the abnormalities of cell-to-cell coupling at the gap junction connexin channels in diseased heart which underlie electrophysiological alterations may promote VF induction and maintenance [13-15]. We used the 1 : 1 capture mode to induce VF mainly due to its high induction rate of VF. With proper PI and PS, VF could be successfully induced in all the swine in our study. Similar results were also obtained in other studies [6, 8]. However, as limited data about VF induction by rapid pacing in humans are available, further studies are needed to clarify whether rapid pacing could also steadily induce VF in humans.

## Local activation-recovery interval restitution and the pacing interval for ventricular fibrillation induction

Local electrical restitution can be used to explain the wave break, which results from the aggressive development of alternation [1–4]. Tissue with a steeper restitution curve may result in wave break and act as a "rotor", i.e., the central fibrillation of the heart [1, 16, 17]. The predictive value of local electrical restitution for VF inducibility has been disputed because most of the studies were performed based on mapping of only one or two sites [9, 18-20] and yet the electrical restitutions in different regions may not be the same [19]. In the present study, four sites from the apex and base of LV and RV were mapped simultaneously to construct local ARI levels and the restitution curves. We found that PI and PS. two different factors in VF induction, were associated with local electrical restitutions and the spatial heterogeneity of electrophysiology, respectively.

Associations between local restitutions and PI for VF induction indicate the limitations of using the local restitution property to predict VF. It is assumed that the association between local restitutions and VF is mainly dependent on the VF induction, not on the maintenance. In 1 : 1 capture, with the increment in pacing rate, alternation begins in local sites with steeper restitution curves. When the amplitude of alternations aggressively increases, the wave break will begin. If the micro wavelets resulting from wave break can transmit to other regions, fibrillation will be induced [21].

The mechanism was mainly determined by the status of other tissues around, because the wavelets could disperse throughout the heart only when most other regions were outside the effective refractory period and could be excited. It was confirmed in the present study that only the  $\mathrm{S}_{_{\mathrm{max}}}$ of the RVA restitution curve was related to the PI for VF induction. In the present study, pacing was performed in the epicardium at the right ventricular outflow tract. The tissue at the RVA was excited latest within the RV, and the RVA site was almost the last site to complete the repolarization due to its significantly longer ARI level compared with the LV sites (Figure 3 A). After the RVA completed its action potential, most of the tissues from other areas were already outside the refractory period and could be excited by a premature pulse. If the restitution curve at the RVA site was steep enough to cause wave break, the wavelets would likely be spread to the other areas. Therefore, the restitution property at the site with the latest repolarization throughout the heart seems to be a crucial factor for VF initiation.

## $COV_{ARI}$ , $COV_{Smax}$ and the PS for VF induction

The PS has been used to predict VF in many studies, and many theories and hypotheses for VF induction were supposedly based on the spatial dispersion of the effective refractory period [2, 22–25]. The association between PS and the spatial dispersion of ARIs and electrical restitutions was directly confirmed in our study (Table I). However, the statistical association with PS was only found in the spatial dispersion of ARI in LV sites and not in the RV sites. It seems that the spatial dispersion of ARI in the left ventricle is more closely related to VF induction. However, as we only recorded 4 epicardial ventricular sites in our study, the results may not be accurate enough to reflect the spatial dispersion of ventricular electrophysiological properties. Thus, further study is needed to determine whether the spatial dispersion of electrophysiological properties in the LV plays a more important role in VF induction than that in the RV.

No differences of the  $\mathrm{COV}_{_{\mathrm{ARI}}}$  ,  $\mathrm{COV}_{_{\mathrm{Smax}}}$  or local S<sub>max</sub> were noted between LV and RV sites. The only difference between LV and RV was their ARI levels. The RV sites have longer ARIs at all PIs, and the difference increased when PIs decreased. A shorter ARI level, in other studies [26, 27], was proved to cause more complicated characteristics during VF, for instance, more "rotors". Rogers et al. [26] and Ten Tusscher et al. [27] reported that the fibrillating characteristics of the LV were more complicated than those of the RV. In the present study, the difference in ARI, and the associations of  $\text{COV}_{\scriptscriptstyle{\text{ARI}}}$  and  $\text{COV}_{\scriptscriptstyle{\text{Smax}}}$  with PS for VF induction, also supported the previous findings. It can be supposed that, with a shorter ARI level, tissues in the LV have more complex fibrillating characteristics. The spatial dispersion factors of LV,  $\text{COV}_{\text{ARI-LV}}$ and  $\mathrm{COV}_{_{\mathrm{Smax-LV}}}$  may have strong predictive value for VF inducibility.

In the present study, we only simultaneously mapped 4 epicardial sites. More sites need to be mapped for evaluating the spatial dispersion of restitution properties. Moreover, as transmural dispersion of repolarization was not determined in our study, its role in VF inducibility and maintenance remains unclear. Simultaneous mapping at different myocardial layers will be needed to explore this issue. Third, we only performed ventricular pacing using different PI with a fixed PS (twice the diastolic threshold) at the right ventricular outflow tract, and no different PS was used with a fixed PI at different sites; therefore it remains unclear whether different PSs could lead to higher  $\mathrm{COV}_{\mathrm{ARI}}$  without VF induction. Fourth, as the major purpose of the present study was to investigate the induction characteristics of VF in normal heart for further understanding of the mechanism of VF, the clinical implications of findings in the present study are limited, because the situation of VF in structurally normal heart of humans is not exactly the same as that in the current study.

In conclusion, ventricular fibrillation can be steadily induced by rapid ventricular pacing with 1 : 1 capture in swine in vivo, in which PI for VF induction was related to the  $S_{max}$  of the ARI restitution curve of RVA, while PS for VF induction was associated with the spatial dispersions of ARI and its electrical restitution properties.

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Dongdong Zhao, Ban Liu – these authors contributed equally to this work.

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### Conflict of interest

The authors declare no conflict of interest.

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